



24th Züri-Oberland Cup



May 25th and 26th 2019

Dear gymnastics fans,

Already the new competition season is at your doorstep and hopefully your gymnasts will be back with a lot of enthusiasm. We are also preparing ourselves for the upcoming Züri-Oberland Cup, which this year on the 25th / 26th May 2019 will take place. We would like to invite you and your teams to this competition. Sure you will find the right category for the registration of your gymnasts. If you have any technical questions, please contact our Head Judge Conny Gujan (+41 78 602 71 81).

Of course we hope to be able to greet you on the appointment with us in Uster to jointly experiencing an exciting and beautiful competition. Very pleased we would appreciate your timely registration by January 31st 2019 with registration form by post or by e-mail to anmeldung@satus-uster.ch for Swiss clubs or zoc@satus-uster.ch for foreign clubs .

We wish you a very successful Training and Competition-Season. And we certainly look forward to welcoming you here in Uster next May!

Sportclub Satus Uster

Bruno Koller, OK Präsident



General information and conditions of participation

Venue	Sportshall Buchholz Hallenbadweg 8610 Uster Switzerland
Time prov.	Start: Saturday May 25 th 2019, 08.00h End: Sunday May 26 th 2019, 18.00h
Entries	Please use our official entry form. International Clubs: E-Mail: zoc@satus-uster.ch Post: Michael Rath, Toesstalstrasse 172, CH-8497 Fischenthal, Switzerland Swiss Clubs: E-Mail: anmeldung@satus-uster.ch With your entry, your club and your gymnasts accept the publication of name and year of birth and additional pictures taken during the event will be published on our homepage (pictures without names).
Entry Deadline	January 31st 2019
Entry Cancellation	Taken into consideration in order of entry. Due to large numbers of gymnasts & teams, we kindly request you to please advise promptly about cancellations / replacement gymnasts, so we can update our entry list. Reimbursement of entry fees (50%) only in cases of illness/injury, with a medical certificate. Thank you.
Fees	CHF 45.--/EUR 40.-- per gymnast. Participation permitted in only 1 category. Entry fee, travel, catering, Accommodations, etc. at participants expense.
Payment	Bank details: Postcheck Account: 80-4435-1 Kunstturnen Satus Uster IBAN CH91 0900 0000 8004 4435 1 BIC POFICHBEXXX Address Bank: PostFinance AG, Mingerstrasse 20, CH - 3030 Bern, Switzerland Account payee name: Kunstturnen Satus Uster, 8610 Uster or payment can be settled directly in Sports hall at arrival. No definitive registration without payment.
Insurance	It is a condition of participation that all members of delegation are fully covered by insurance. The organisers do not accept any responsibility whatsoever.
Judges	International Clubs: Judges would be appreciated.
Medals	For all participating gymnasts.
Apparatus	Gymnova and Spieth (12 x 12m floor, Model Moskau)
Podium Training	Due to Competition-Hall Set-Up there is unfortunately no Podium Training
Rules	According to requirements/invitation & CdP 2017-2020 / competition program STV
List of participants	From March 31, 2019 on, the provisional list of participants can be seen and proofed on our homepage www.satus-uster.ch
Changes to entries	Please inform immediately of any changes before May 18th, 2019 please.
Questions	Michael Rath (+41 76 440 12 22) – zoc@satus-uster.ch

Technical requirements

Start facilities: Swiss Clubs: all categories (Note: STV = Swiss Gymnastics Federation) International Clubs : Open, P4 Amateur,P5, International (P6) + 2-Apparatus		
Categories	Competition program	Specifics
EP	Competition program	
P1	Competition program STV	
P2	Competition program STV	
P3	Competition program STV	
Open	The 8 most difficult elements incl. dismount; as per FIG 2017	GENERAL : too short program discount P4A: 7 & more elements = 10.0, 5-6=8.0, 3-4=6.0,1-2=4.0 3 freely chosen CR, each 0.5 pt. (max. 1.5 pt.) Open: less then 5 elements 2.00 pt. dismount, 2 freely choosen CR (max. 1.0 pt.) VAULT: Only one spring-board permitted P4A: only one jump. Open: 2 jumps (equal or different), the better one counts. BARS: 6 possible CRs. Additional CRs: release from lower bar to upper bar; element with ½ handstd.-turn w/o release; Bar-close element. FLOOR: Open: Salto forewards counts as acrobatic series forewards
P4 Amateur (2004 and younger)		
P5 / P6 / International	The 8 most difficult elements incl. dismount; as per FIG 2017	Int'l: Scoring per FIG 2017
2-Apparatus (2003 and older)	Choice of 2, 3 or 4 Apparatuses. The 2 best scores count.	Vault: Starting value FIG Code 2017. 2 Vaults (same or different, the better one counts) Other apparatus: E-value = 10.0; for D-value: 2 freely chosen CR each 0.5 pt. (Max. 1.0 pt.) The 5 most difficult elements + dismount count; as per FIG 2017
	Gymnasts who have stopped participating in official competitions prior to 2019. Age bonus for Category 2-Apparatus: 20 years (1999 or older) 0.05 pt. bonus per year.	